

# KEEPING ALL TROOPS ENCOURAGED

## CARE PACKAGES

Care packages are a great way to show your support for our troops. They help provide items for basic hygiene as well as comfort items that are hard to obtain when deployed overseas. Care packages often travel long distances so it is important to send items that can survive the trip. Review the list below for some ideas and our current needs.

## CURRENT CARE PACKAGE NEEDS

- Baby Wipes
- Foot Powder
- Q Tips
- Hard Candy
- Ramen
- Playing Cards/Mini Games ( Crossword Puzzles, Word Search, Trivia Etc)
- Beef Jerky / Slim Jims
- Nature Valley Granola Bars
- Toothbrushes
- Toothpaste
- Cough Drops
- Tuna Packets
- Handwritten Letter
- Pens

## HOW TO SEND

It's not easy to know where to start when trying to send items overseas. At K.A.T.E. we work to make sure that every care package not only gets to its destination but also goes where it's needed the most. All you have to do is send items you want to donate as well as some way to contact you, ideally an email address, to the address below and we will reach out to you to let you know we received your items and keep you updated on the process. We believe in transparency and want you to know how much your generous donation helped make a difference!

### Mailing Address

124 Perimeter Park Rd  
Unit 102  
Knoxville , TN 37922  
United States

### Questions?

Have some questions or want more info? Visit our [website](#) to learn more or if you have a specific question/concern, email us directly at [Kate@KatelynFedrick.com](mailto:Kate@KatelynFedrick.com).